



Goa University

Discipline of Zoology, School of Biological Sciences and Biotechnology

Report on Workshop on “Interviews made Easy”

1. Title of the Event/Activity/program	Workshop on “Interviews made Easy”
2. Date and Time	10 th September 2026 Time -10 a.m. to 4 p.m.
3. Mode of conduct (Physical/Online)	Physical
4. School/ Directorate/ Section	School of Biological Sciences and Biotechnology
5. Collaborating Agency/School/Directorate	-
6. Detail of the Resource Person (Brief biodata)	Elton Fernandes is a leading Corporate Coach with a passion for helping people connect with their potential. Since 2010, he has conducted over 1000 workshops for leading corporates & other teams. A certified National Trainer, A certified AUTHOR by JCI INDIA (5th in Goa) A JCI INDIA National Trainer and a Prime International trainer of Junior Chamber International, JCI University USA. Elton is known for innovative use of activities and debriefing with his high energy level which adds to the module. In 2015, Elton initiated Mindset Events and Training (MET) Under Government of India MSME program, a collective of trainers, facilitators and motivators. He has been a Member of the Trainers' Association in Goa and has inspired and trained many individuals with workshops on Event Management, Leadership 10X, Team Building, Effective Communication, Effective Public Speaking to name a few.

	Mr. Elton Fernandes has conducted online trainings for Red Cross Africa and Nigeria. In India, his clients include Bridgestone Tyres India, In-Med Prognostics Pune, Medi Spray (Cipla Ltd) Goa, United Breweries Goa, D-link, NIIT Kerala and Manipal Hospitals Udupi. Within the state, Mr. Elton has conducted trainings for Syngenta India, Labour and Employment Dept, (Career Guide) and has served as guest Compere at Raj Bhavan, Goa. Mr. Elton has been a guest trainer for Govt of Goa's Swayam Purna Yuva (Guiding and training Job Seekers). He has been serving as a Mentor and Coach at Job Fairs conducted by Employment Exchange, Govt of Goa. He also serves as a Visiting Trainer at Goa Police, and has trained institutes like Rotary's International, Lions International, and other educational institutes in Goa.
7. Number of Faculty attended/participated	6 Faculties
8. Number of Student attended / participated	30 Students of Zoology
9. No. of external students/faculty/other participants	-
10. The objectives of the Program/activity/event	The workshop "Interviews Made Easy" was organized to equip students with essential communication and employability skills required for successful interviews and career development. The programme aimed to enhance students' confidence, verbal and non-verbal communication, presentation skills, and professional etiquette. It also focused on guiding students in preparing an effective Curriculum Vitae (CV), understanding interview techniques, answering questions appropriately, and presenting their academic qualifications and skills effectively. The activity provided students with practical exposure and opportunities to actively participate in interview-related exercises.
11. Description of the Program/activity/event	The Zoology Discipline organized a workshop titled "Interviews Made Easy" for M.Sc. Zoology students to develop their communication and interview skills. The session was designed as an interactive and activity-based programme,

	covering CV preparation, professional presentation, communication skills, body language, interview etiquette, and techniques for responding confidently to interview questions. Students actively participated in various individual and group activities, mock interview exercises, and interactive discussions. The resource person provided practical guidance on how to effectively present their academic background, strengths, skills, and achievements before an interviewer. The engaging activities encouraged students to overcome hesitation and participate confidently.
12. Benefit/Key outcomes of the Program/activity/event	The workshop enhanced students' confidence and preparedness for interviews and future employment opportunities. Students gained practical knowledge of preparing an effective CV, communicating clearly, maintaining appropriate body language, and responding confidently to interview questions. The interactive activities and mock interview exercises provided students with hands-on experience in handling interview situations. The programme also helped students identify areas for improvement in their communication, presentation, and interpersonal skills. Overall, the workshop strengthened students' professional readiness and equipped them with practical skills required to face interviews more effectively.
13. Enclosures with report	Brochure, Geo-tagged photos and attendance of student, Feedback of the students after workshop attached.

Signature:

Name of coordinator Dr. Shamsheer B. M. Shantik
 Designation: Assistant Professor
 Zoology SB3B, Goa University

Date: 11/09/2026

Signature

Dean/Director/Head

Seal of the School/Directorate/University
 Dean of School of Biological Sciences
 & Biotechnology
 Goa University, Goa - 403206

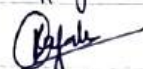
GOA UNIVERSITY
SCHOOL OF BIOLOGICAL SCIENCES AND BIOTECHNOLOGY
ZOOLOGY

ATTENDANCE SHEET

WORKSHOP ON "INTERVIEWS MADE EASY"

Date	10th September, 2026	Time	10:00 AM – 04:00 PM
Venue	MSC. Zoology Classroom	Trainer	Elton Fernandes
Coordinator	Dr. Shamshad Shaikh	Designation	Placement Coordinator, Zoology

Sr. No.	Name of Participant	Discipline	Signature
1	Pankaj Gaonkar	Zoology	Pankaj
2	Ankush Sahani	zoology	Ash
3	Sanjana Shirwadkar	Zoology	Shirwadkar
4	Jessica Furtado	Zoology	Furtado
5	Mahaboubunnisa	Zoology	Mahaboubunnisa
6	Princia Castanha	Zoology	Princia
7	Drisha Fernandes	zoology	Fernandes
8	Ambish C. Gaonkar	zoology	Gaonkar
9	Vandita S. Kamble	zoology	Kamble
10	Akash Patil	zoology	Patil
11	Anushka Naik	Zoology	Naik
12	Pooja Gawade	Zoology	Gawade
13	Joel Fernandes	Zoology	Fernandes
14	Aparna Mandalekar	Zoology	Mandalekar
15	Satish Shukla	Zoology	Satish Shukla
16	Atharva A. Naik	Zoology	Naik
17	Astrid Dias	zoology	A. Dias
18	Mannat Seth	Zoology	Mannat
19	Shivam Kresambe	Zoology	Shivam
20	Sayed A. Bann	zoology	Sayed
21	Om Kumpkar	Zoology	Kumpkar
22	Juella V. Pereira	Zoology	Pereira
23	Amisha Halankar	Zoology	Halankar

24	siddhi S. Chai	Zoology	
25	Ankit Sinha	Zoology	
26	Shruti Khoyvekar	Zoology	
27	Bhakti Datar	Zoology	
28	Sagar Naik	Zoology	
29	Sarita Rebek	Zoology	
30	Tanya Natekar	Zoology	
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Trainer: Elton Fernandes | Corporate Coach | Certified AUTHOR by JCI INDIA

Signature of Coordinator: _____

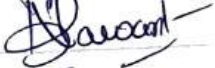
Organised by Zoology, School of Biological Sciences and Biotechnology, Goa University

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Sr. No.	Name of Participant	Discipline	Signature
1	Dr. Shamshad Shaikh	Zoology	
2	Mr. Sanjeet Gaonkar	Zoology	
3	Ms. Gandhita V. Kundaikar	Zoology	
4	Dr. Preeti Pereira	Zoology	
5	Dr. Nitin Sawant	Zoology	
6	Dr. Minal Shindekar	Zoology	
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I really love today's session, it was too good. The games ~~with~~ which were conducted were in a way which taught us a deep meaningful things, like no one is really waiting for other and the importance of teamwork and strategies.

Juella Pereira
Jeru

- The session was informative and fun, learnt a lot of new things and it was a great experience.

Satyanand

- Got to know more about Interview reality, what are the necessary skills? The creative & interactive approach by the trainer was amazing How

→ The session was very very interactive, it is very hard for anyone to keep the students entertained and make them stay for long time. This session was helpful, fun and very useful; got to know and ~~then~~ learn how to build our confidence

- Mahabubunnis

The session was really fun and interactive. Sir was very approachable and cheerful/motivating. Sessions were meaningful and relatable helping us understand the interview process. Learning was really made fun.

Jaël Fernandes

Today's session was so fun, interesting and interactive. I really enjoyed it with lots of learning and interactive sessions. It will definitely help me for my future interviews.

Shiradkar

Suryana Shiradkar

The session was insightful. We got to know how to calm ourselves down by actually going through the process of preparing for interview. It built our teamwork, ~~hard~~ soft skills and confidence. We will keep the insights taught to us when preparing for the interview.

Chauhan
Nidhi Chauhan

classmate
Date _____
Page _____

Feedback on workshop.

Firstly Sir Elton was just amazing!

The session was interactive, we gained a lot of knowledge through games & experiences.

That was something beyond bookish knowledge. It sharpened our confidence, our body language and I now feel we have reached to the 40th floor with the precious keys in our hand. From all the stories to engage us would never fade because we learnt alot!

The session was truly Engaging and fruitful
I am very thankful

— Aparna A.
Chandlekar.
Aparna A. Chandlekar



WORKSHOP ON INTERVIEWS MADE EASY



Trainer

Elton Fernandes

Corporate Coach
Certified AUTHOR by JCI INDIA



10th September, 2026



10:00 AM – 04:00 PM

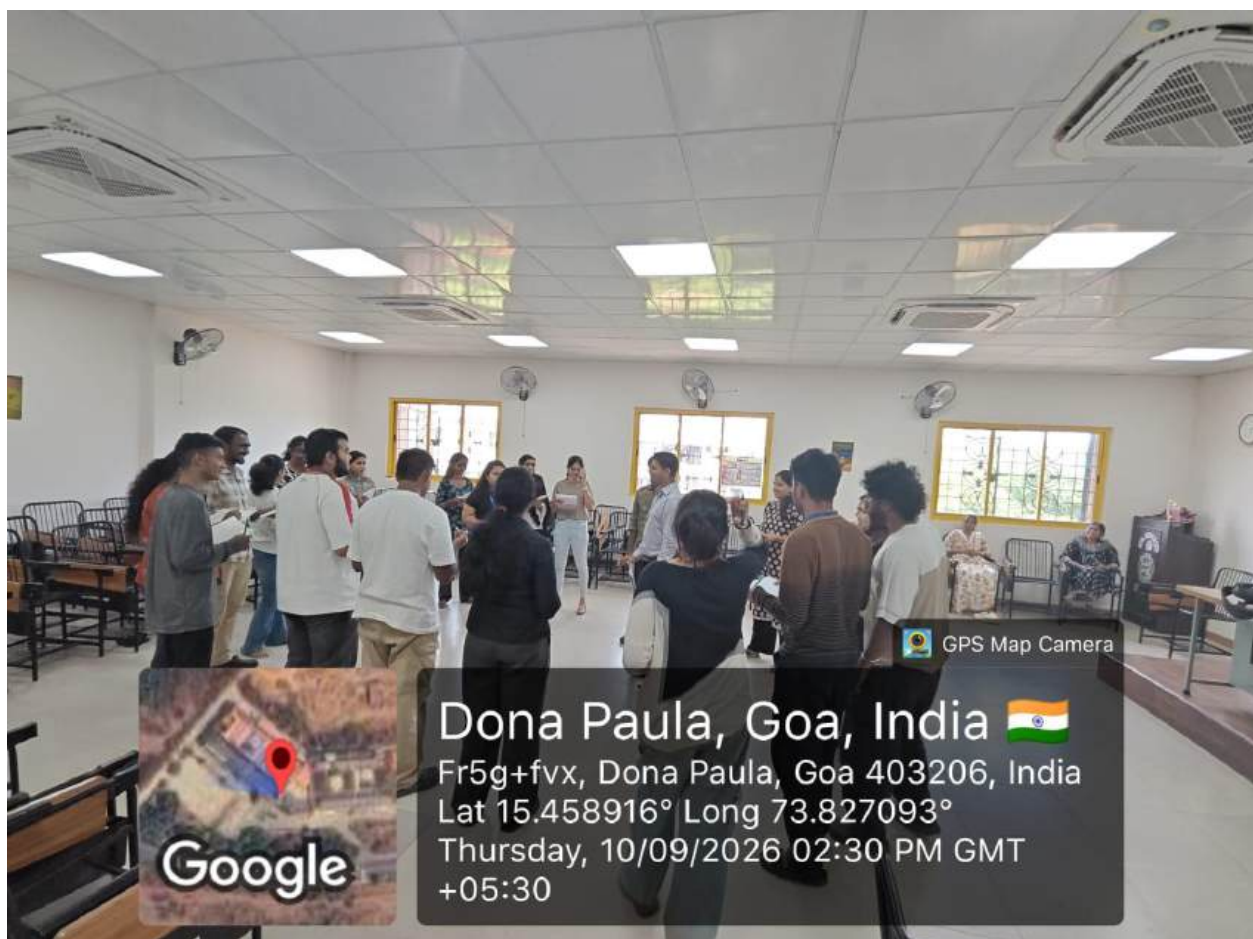


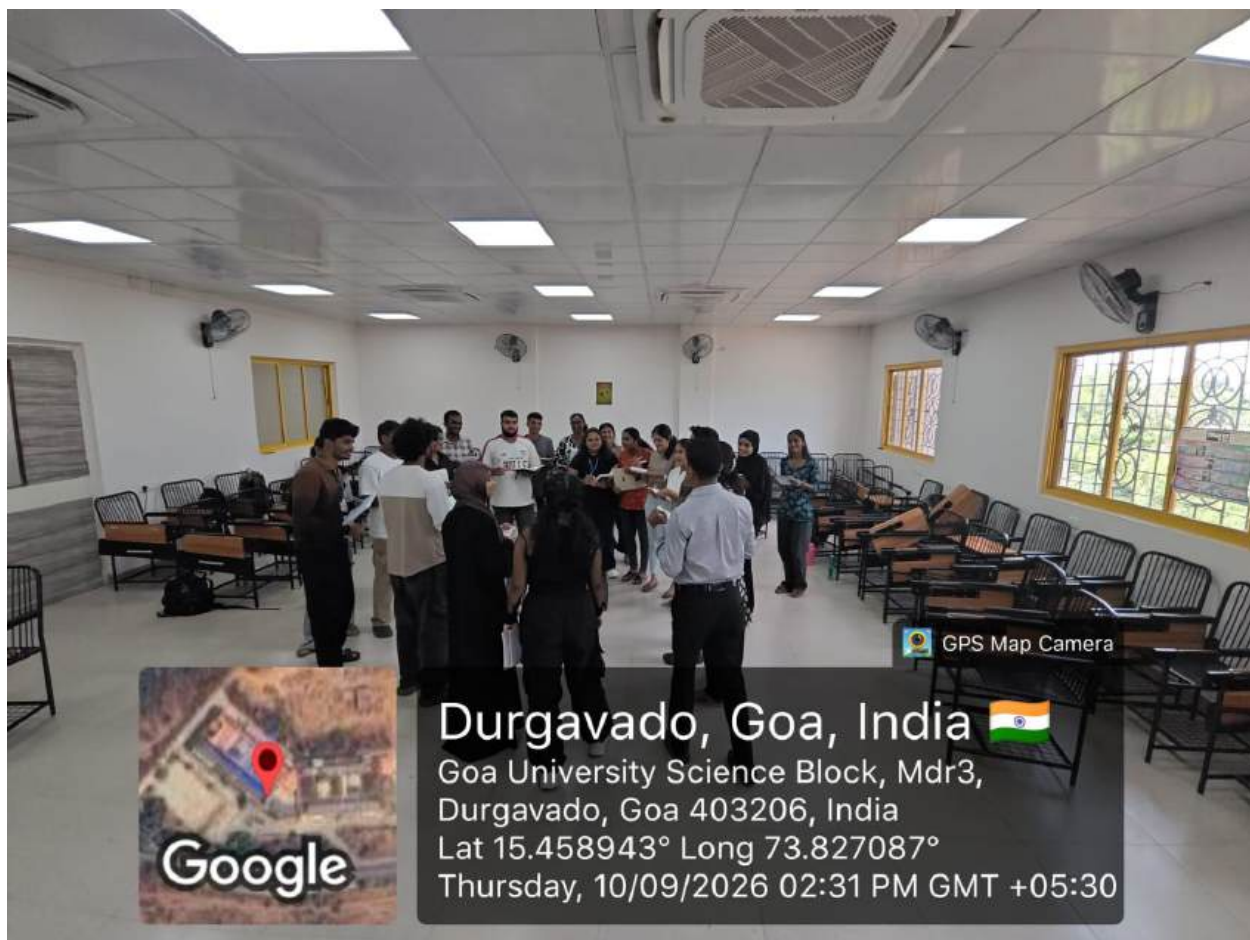
MSC. ZOOLOGY CLASSROOM

Dr. Shamshad Shaikh
Placement Coordinator, Zoology
Assistant Professor, Goa University

ORGANISED BY
ZOOLOGY

SCHOOL OF BIOLOGICAL SCIENCES AND BIOTECHNOLOGY,
GOA UNIVERSITY





TRAINERS PROFILE



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