

Goa University

Women's Cell of Directorate of Equal Opportunities and Women's Studies Programme, DDKSSBS

Report on Cyber Safety Lecture

1. Title of the Event/Activity/program	Cyber Safety Awareness: Protecting yourself in the Digital World
2. Date and Time	22 September 2025 from 11.30 a.m. 1.30 pm
3. Mode of conduct (Physical/Online)	Physical Mode
4. School/ Directorate/ Section	Women's Cell of Directorate of Equal Opportunities , Women's Studies Programme, DDKSSBS and National Service Scheme of Goa University
5. Collaborating Agency/School/Directorate	Responsible Netism – 'Cyber Bro'- Cyber Wellness Centre , Goa
6. Detail of the Resource Person (Brief biodata)	Mamtha Mallik- Counsellor and trainer and Ms.Yukta Kumbhar- Counsellor and trainer
7. Number of Faculty attended/participated	10 - 5 Male and 5 Female
8. Number of Student attended / participated	81(Attendance attached) Female 62 and Male 19
9. No. of external students/faculty/other participants	5 (non-teaching staff)
10. The objectives of the Program/activity/event	In today's digitally connected world, cyber threats such as identity theft, phishing, cyber bullying, and online fraud have become increasingly prevalent. Raising awareness about cyber safety is critical to ensure individuals and organizations can protect themselves online. This lecture aims to educate participants on the importance of cyber security and equip them with practical

	tools to stay safe in the digital world. Creating awareness on this issue will surely enable every individual to be alert and protect themselves from cyber threats.
11. Description of the Program/activity/event	Dr. Sulochana Pednekar , Nodal officer of Women Cell , introduced the objective of the event and welcomed the Chief Guest , Prof. Suder Dhuri, Registrar, Goa University , Prof. Nagendra Rao, Dean, DDKSSBS, Dr. Norma Rebello , Director DEO , NSS Programme Officer ,Shri Vinod Kankonkar and the Resource Persons – Ms. Mamtha Mallik and Ms. Yukta Kumbhar – Counsellors and trainers at Cyber Wellness centre . Dr. Norma Rebello, Director, DEO presented the flower bouque to all the invited dignitaries on the dais. Prof. Dean , addressed the gathering by sharing insights from his personal life and informed the students to benefit from this lecture. Ms. Mamtha Mallik briefly informed the gathering about Cyber Wellness Centre and their interest in forming a cyber cell at Goa University. Prof. Sunder Dhuri , Registrar was invited to address the gathering. Prof. Dhuri sir also shared his insights and also advised students on taking care while using digital tools and also advised students on how to deal with stress in their lives and seek help to lead a happy life if face difficulties. Ms. Mamtha and Ms. Yukta presented a token from cyber wellness to Goa University which was accepted by the Registrar and also requested to form a cyber cell in the University. Resource persons were presented with Goa University Wooden plank as a token and both the resource persons were presented with Fruit Baskets by Registrar Goa University. Shri Vinod Kankonkar delivered Vote of thanks for the formal inaugural . Resource persons were invited to conduct the session. Both the resource persons together conducted very interactive and resourceful session . Students were engaged in the session as the experieces and case studies presented and discussed were based on real life situations and day to day incidences. Students were sensitized on this issue and few students volunteered to be part of the Cyber cell. Dr. Sulochana Pednekar, Nodal officer and

	Programme Director of Women's Studies Programme and Shri Vinod Kankonkar also interacted to the students to give feedback and students shared their learnings from the session . Dr. Sulochana Pednekar , thanked the resource persons, Registrar , Goa University for his administrative support and his presence at the event and Hon. VC for his approval to conduct the programme . All the Programme Directors for sending their students to make this event a great success.
12. Benefit/Key outcomes of the Program/activity/event	Awareness and sensitization of students to understand common cyber threats and how to prevent them. Students and Participants were sensitized on being alert and how to identify suspicious online behaviour or scams. Participants were taught how to secure their devices and data. And also created awareness of their digital rights and responsibilities and how to report cyber crimes immediately and be vigilant and help others by spreading the message.
13. Enclosures with report	Poster , Photographs and Attendance of students/faculty/external participants

Signature:

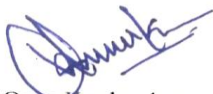


Dr. Sulochana Pednekar

Nodal Officer ,Women Cell

Programme Director, Women's Studies Programme

Signature :



Shri Vinod Omu Kankonkar

National Service Scheme

Programme Officer

Date: 24/09/2025

Signature :



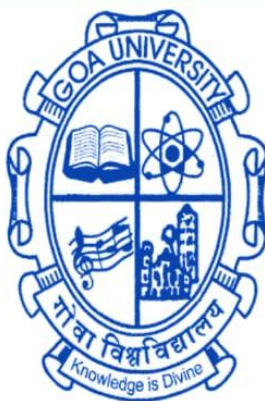
Dr. Maria Norma Menezes e Rebello

Director of Equal Opportunities

Director
Directorate of Equal Opportunities



Mamtha Mallik
Counsellor and Trainer
Responsible Netism



NAAC GRADE A+



Yukta Kumbhar
Counsellor and Trainer
Responsible Netism

**Women Cell
of
Directorate of Equal Opportunities
Women's Studies Programme of D.D Kosambi
School of Social Sciences
and Behavioural Studies and
National Service Scheme
in Collaboration with
Responsible Netism
Organizes**

**" Cyber Safety Awareness: Protecting yourself in
the Digital World"
under the youth focused flagship programme of
'Cyber Bro'**

Date : 22nd September 2025 from 11.30am to 1.30pm

Venue: Seminar Hall, Faculty Block B, Goa University.

Women Cell Nodal Officer : Dr. Sulochana Pednekar

NSS Programme Officer : Mr. Vinod Kankonkar

OUR INITIATIVES:





Group Photo with the participants

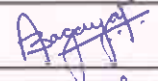
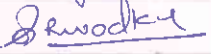
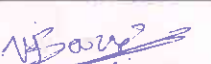
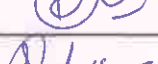
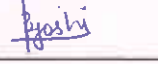
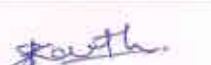


Resource persons delivering the lecture

GOA UNIVERSITY
Women's Cell, DEO

Women's Studies Programme, DDKSSBS and NSS in collaboration with Cyber Wellness Centre -Responsible Netism
Cyber Safety Awareness: Protecting Yourself in the Digital World

Date: 22/09/2025 Venue: Seminar Hall, Faculty Block B, Goa University Timing: 11.30 a.m. To 1.30 p.m.

Sr. No	Name	Gender	Designation	Discipline /programme name	Contact No.	Signature
1	Aniket Bagaiyat	M	Student	Women's STUDIES -II	7264011852	
2	Sakshi D Revodkar	F	Student	Social work - I	9325861476	
3	Afsana Mohammedali A	F	Student	Social work - I	9579185543	
4	Diya Sawant	F	Student	social work I	9529356969	
5	Vaidelin J. Zarepken	F	Student	Social work - I	9322482619	
6	Aishwarya Gird	F	Student	Social work - I	9975607557	
7	Kajal Rivanker	F	Faculty	Social work	9420686397	
8	Shivam S. Chodankar	M	Student	D.D. Kosambi	9322398473	
9	Praksha P. Joshi	F	Student	D.D. Kosambi M.A History - I	8263016845	
10	Shradha Kauthankar	F	Student	D.D. Kosambi History	8935648095	
11	Manasi Kalangutkar	F	Student	D.D. Kosambi History	8793890191	
12	Riya R Sawal	F	Student	D.D Kosambi History	7666513869	
13	Bhavda Naik	F	Student	" "	9307689430	
14	Durva R. Lawar	F	"	"	7666487641	

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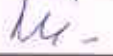
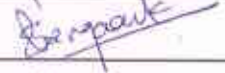
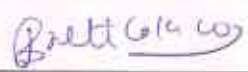
Sr. No	Name	Gender	Designation	Discipline /programme name	Contact No.	Signature
15	Shara A. Dias	F	Student	Master in Social Work	9322589605	<i>[Signature]</i>
16	Analee V. Gonsalves	F	Student	Masters in History	9763553912	<i>[Signature]</i>
17	Faye Andrade	F	Student	Masters in History	9322609616	<i>[Signature]</i>
18	Nathanica D'Costa	F	Student	Masters in History	9146435748	<i>[Signature]</i>
19	Noela Ataide	F	Student	Masters in History	7057274714	<i>[Signature]</i>
20	Kimberly Almeida	F	Student	Masters in History	9423468599	<i>[Signature]</i>
21	Sejal Kamble	F	Student	Masters in History	7020548528	<i>[Signature]</i>
22	Muskaan Ellival	F	Student	Masters in History	8208192482	<i>[Signature]</i>
23	Vaishnavi Chari	F	Student	Masters in History	9699975809	<i>[Signature]</i>
24	Neha Chari	F	Student	Masters in History	7385885381	<i>[Signature]</i>
25	Mayusha Sawant	F	Student	Masters in History	8550941836	<i>[Signature]</i>
26	Samiksha Shankhalkar	F	Student	Masters in History	7875273759	<i>[Signature]</i>
27	Harsha Kundale	F	Student	Masters in History	7066126426	<i>[Signature]</i>
28	Trupti Gaunkar	F	Student	Masters in History	9307023981	<i>[Signature]</i>

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Sr. No	Name	Gender	Designation	Discipline /programme name	Contact No.	Signature
29	Chaitali Velip	F	Student	D.D. Kosambi History	7507130815	
30	Venancia K. D'Souza	F	Student	D.D. Kosambi History	7499626542	
31	SANJANA SADIKAR	F	Student	D.D. Kosambi History I	8467508607	
32	SAUMYA SHIRGAONKAR	F	Student	"	9309990782	
33	ADITI ADPAIKAR	F	Student	"	8788852940	
34	PRATHAMESH SHINDE	M	Student	"	9699007241	
35	SATYAM SHIRODKAR	M	Student	"	8550417273	
36	Pooja Yadav	F	Student	D.D. Pol Sci Part II	7709292814	
37	Vishwipriya Nair	F	Student	"	90967419084	
38	Chetan Velip	M	Student	D.D. Kosambi History I	9420513407	
39	Vishal Velip	M	Student	D.D. Kosambi History I	7822875095	
40	Brett Colao	M	Student	DDKSSBS Pol Sci Part II	8208134015	
41	Shivam Karan	M	Student	Political Science Part II	7248928815	
42	Rishikesh Kalghatkar	M	Student	DDKSSBS PS Part II	8530814204	

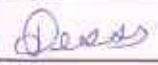
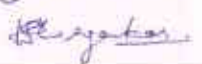
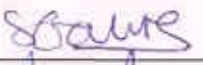
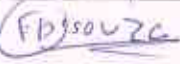
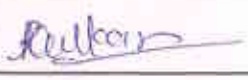
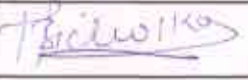
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Sr. No	Name	Gender	Designation	Discipline /programme name	Contact No.	Signature
43	Keval Naik	M	Asst. Prof	Social work DDKSSBS	9834229651	
44	Dr. Arvind H. Helakur	M	Asst. Prof	DDKSSBS	9423436047	
45	Samuel S.T. Fernandes	M	Student	DDKSSBS (Pol Sci)	7507731650	
46	Pooja Ganes Desai	F	Student	DDKSSBS (Pol Sci)	7666730152	
47	Neelika Shewch	F	Student	DDKSSBS (Pol Sci)	9767800293	
48	Kaushal Shingraokar	M	Student	DDKSSBS (Pol Sci)	7972357206	
49	Sujit Chetani	M	Student	DDKSSBS (CNCI)	9607556662	
50	Shanu Cinweis	M	Student	DDKSSBS (MISW)	8621637136	
51	Sonal Singh	F	Student	DDKSSBS Pol Sci	8668333522	
52	Prayada Guontkor	F	Student	"	9145480696	
53	Elisa D'Souza	F	Student	DDKSSBS Pol Sci	7507181721	
54	Rakshada Patkar	F	Student	DDKSSBS Pol Sci	84551871204	
55	Rupa Mishra	F	Student	DDKSSBS Pol Sci	9834785213	
56	Hrishikesh Bicholkar	F	Student	DDKSSBS Pol Sci	9767440889	

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57	Rakhee M. Prabhu Kheunalkar	F	Professor Assen	women's studies	9123301878	Rakhee
58	Marica fernandes.	F	MTS	women's studies	7218433482	Marica
59	Tanaya Naik	F	student	Political Science	9527478841	Tanaya
60	Siddhi Shetkar	F	Student	Political Science	9307959806	Siddhi
61	Sakshi Naik	F	student	Political Science	9284702803	Sakshi
62	Sugay Shinodkar	M	student	Political Science	9049231658	Sugay
63	Rutika Pillai	F	student	Political Science	7823061751	Rutika
64	Mr. Willy Marmey	M	Professor Assen	CSSIP/IOAC	9923865505	Willy
65	Devuz Pearl fernandes	F	student	Sociology	9545953401	Devuz
66	Razia Baitu	F	student	Sociology	7391937796	Razia
67	or Sulochana Pednekar	F	faculty	women's studies	9850472215	Sulochana
68	Prachi Prachi	F	Faculty	Social work	77414841077	Prachi
69	Pratik Craonkar	M	Student	Political science	8080816601	Pratik
70	Keosha Thonkar	F	Student	Sociology	7875646879	Keosha

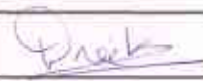
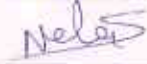
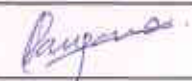
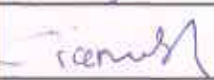
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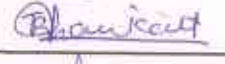
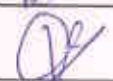
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71	Devraj Naik	M	student	Political Science	9325440779	
72	Tanaya Dabe	F	Student	Political Science	9373022580	
73	Ganvish Naik	M	Student	Political science	8805879416	
74	Saisha Raiker	F	Student	Political Science	7058575703	
75	Snela Gaonkar	F	Student	Political Science	9075820318	
76	Akshay Gawde	M	Student	Political Science	7030500801	
77	Neha Shetty	F	Student	Sociology	9923365787	
78	Anjana G. Sawant	F	Student	Sociology	8180953561	
79	Rachel Rodrigues	F	Student	Sociology	9130870266	
80	Poonam P. Ganesh Dessai	F	Student	Sociology	9309950774	
81	Akasha Maldiv	F	Student	Sociology	9145243518	
82	Ashwini. Naik Gaonkar	F	Student	Sociology	7798796552	
83	Isha N. Dessai	F	Student	Sociology	7378432135	
84	Ganesh	M	helper	Cyber Wellness		

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85	Muskan Nadaf	F	Student	Sociology	7709427266	
86	Tasleem Bhavikatti	F	Student	Sociology	7498331828	
87	Siya Gaonkar	F	Student	Sociology	8467808394	
88	Shreya Gaonkar	F	Student	Sociology	8767377651	
89	Siya S. Naik	F	Student	Sociology	7798684639	
90	Narayanan Aradghu	M	MTS	Sociology		
91	Prajot P. Aseltkar	M	Faculty	Sociology	7066697038	
92	Vinod Karkonkar	M	Faculty	History	9923412481	
93	Syden L. Fernandes	M	Student	Social work	7768062298	
94	Ravaji Gaonkar	M	Faculty	Political Science	9623794250	
95	Vithai Zarambkar	F	Faculty	Women's studies	7350462250	
96	Dr. Maria Xermappe	F	Faculty	Director of DEO	9309531736	

Letter of consent

To,
Dr. Sulochana Pednekar
Programme Director
Assistant Professor
Women's Studies Programme
Goa University.

Dear Ma'am,

The education programme 'Cyber Bro' is initiated by Cyber Wellness Centre Goa, and implemented by Team Responsible Netism for the year 2025-26. We would like to request your partnership in this programme and allow its implementation within your institution.

We being a non-profit, our programmes are sponsored under CSR support. We seek your kind permission to capture images, video and audio testimonials of participants – students, teachers, parents and the principal during our session within your institution to measure the impact of the programme on them. Our beneficiaries mainly being students and minors, we assume that you would seek consent from their guardians/parents for the same.

The organization would use this information for record, documentation and research purpose only, we assure no misuse of the same.

We take this opportunity to collaborate with your institution to run the following education modules for Goa University

- "Building Digital Guardians" for teachers and parents.
- "Cyber Bro" for college students.

Children and adults have been highly dependent on devices and, hence, more vulnerable in cyberspace. Our modules are hence age-appropriately designed to highlight the importance and significance of cyber-crimes and their impacts on children. The above modules emphasize on understanding cyber-crimes against children, legal implications of cyber-crimes, psychological impacts of irresponsible online behaviour, provide technical tips to secure devices and gadgets; sensitize children and adults about the safety protocols of social media apps, online games and most importantly teach reporting mechanisms so as to take constructive action against these threats. Our sessions build a 360-degree preventive and curative approach to cyber wellness.

We insist on educating parents first, so as to equip them with skills to safeguard their children.

The duration of these sessions is as follows.

- Session for the parents of the secondary section – 90 minutes
- Session for the College students - 90 minutes

Our Initiatives:



**Ahaan Foundation**

Vinayak Blessings, Office No. 104, 1st Floor, Above Bank of Baroda, 90 feet Road,
Mulund (E), Mumbai - 400 081

+91 8433701077 | info@responsiblenetism.org | www.responsiblenetism.org

Trust Registration No.: F-45762

These sessions would be hosted offline in your university by our experienced trainers from the domains of cybersecurity, mental health, and law enforcement from the team. We also provide guidance to Youth about building safety protocols to handle online distress.

We would also like to inform you that from the first session will be conducted free of charge as a part of our introductory outreach and from the second session onwards, a nominal fee of ₹5,000 per session will be applicable.

To facilitate these sessions, we would require a college auditorium to accommodate students, a projector, a laptop/ computer, and a microphone or sound system. We would be happy to be connected with a senior professor to coordinate the activities, after your kind approval.

We would also like to request you to allow us to bring in visitors i.e. cosponsors witness the programme within your college with prior intimation and consent.

We assure you that the content would be strictly confidential and would be used only for the said purpose since we are also bound to adhere to our organizational child protection and data protection policy.

We look forward to your support in making this programme successful.

Thanking you,

Warm regards,

Name: Rohit Rajendra Jagtap

Designation: Project Coordinator

Responsible Netism

Cyber Wellness Centre

I hereby consent to implementing the above programme in my College and consent to sharing information for the programme initiated by Cyber Wellness Centre of Team Responsible Netism.

Name of the College:

Place:

Date:

Signature:

Name and designation of signatory:

Stamp / seal

Cyber Wellness Centre

Silvio Heights, 4th Floor, P7-P8, St. Inez,

Panjim, Goa 403001

Centre No.: +91 9665377797 | **Email:** help@cyberwellness.org.in

Our Initiatives:



Ahaan Foundation

Vinayak Blessings, Office No. 104, 1st Floor, Above Bank of Baroda, 90 feet Road,
Mulund (E), Mumbai - 400 081

+91 8433701077 | info@responsiblenetism.org | www.responsiblenetism.org

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