



GOA UNIVERSITY

Taleigao Plateau, Goa - 403 205
(Accredited by NAAC with Grade A+)

Training Session / Sensitization Program on

Mental Health, Psychological First Aid and Referral Mechanism



Promoting
Mental Well-being



Psychological
First Aid



Referral
Mechanism



RESOURCE PERSON

Dr. Vithoba N. Mhalkar

Associate Professor, DPN,
Institute of Psychiatry &
Human Behaviour (IPHB)

SESSION DETAILS



Thursday, 6th August 2026



VENUE:

Chemistry Auditorium,
School of Chemical Sciences,
Goa University



TIME:

02:45 p.m.
to 05:30 p.m.

Legal Assistant, Sr. Editorial Assistant, Staff Nurse,
Assistant Sports Officer, Telephone Operator, Library
Assistant, Laboratory Assistant (including Senior
Laboratory Assistant), Laboratory Technician,
Technician-II, Data Processing Assistant, Pump Operator,
Plumber, Carpenter, Electrician, Binder, Driver,
Field Assistant, Dispatch Rider, UDC, LDC, MTS,
Contractual Non-Teaching Staff.