

Activities carried out by Goa University and Colleges under Surakshit Bharat to be included in the Quarterly Report for period from April 2025 to June 2025

Column A	Column B
Description of the Activity Category	Details of activities held under the Activity Category mentioned in column A
No. of Programmes conducted to promote Fundamental Duties	<p>SPES's Goa Multi-Faculty College, Dharbandora-Goa.</p> <ol style="list-style-type: none"> On 14th April 2025, the College commemorated the birth anniversary of Dr. B. R. Ambedkar with great respect and Enthusiasm. The staff members and NSS volunteers reaffirmed their commitment to uphold the values of equality, justice and fraternity as envisioned by Dr. Ambedkar the architect of the Indian Constitution. <p>Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona</p> <ol style="list-style-type: none"> To develop scientific temper and humanism amongst youth, World Autism Awareness Day was observed by sharing digital posters on social media on 2nd April 2025 by the Department of English. The need of understanding autism for its better mitigation is essential in the contemporary world wherein the incidence of such cases is seen substantially. The World Environment Day was observed in the college on 5th June 2025 in order to inculcate a blend of harmony with the surrounding environment and to encourage youths to preserve it. <p>Narayan Zantye College of Commerce Bicholim Goa</p> <ol style="list-style-type: none"> NSS unit, NCC and Sports department of the college celebrated International Yoga Day on 21st June 2025. 65 students and 10 staff members participated in the programme. Dr. Rajendra Kumbharjuvenkar, Principal, Dr. Rajesh Amonkar, Vice Principal addressed the gathering. Mrs. Nandini Kamat, NSS Prog. Officer, Dr. Satyavan Harmalkar, Director, Dept. of Sports were present for the programme. The programme was organized in association with Patanjali Yog Samiti. Various Asanas, exercises and meditation techniques were taught to students through the programme.
No. of Programmes conducted to promote Gandhiji's thoughts and values	<p>Murgaon Education Society's Vasant Joshi College of Arts & Commerce, Zuarinagar</p> <ol style="list-style-type: none"> On the occasion of World Environment Day on 5th June 2025, Natures Club and the Resource Management Cell for Sustainability, in

collaboration with the NCC Naval Unit of M.E.S. Vasant Joshi College, conducted a Tree Plantation Drive. The event was held on the college premises with enthusiastic participation from NCC cadets, faculty members, and student volunteers. The activities included cleaning identified zones of the campus and planting native tree saplings to promote green cover. The event was flagged off by the Principal, Dr. Manasvi M. Kamat, who emphasized the importance of sustainability and student-led environmental initiatives. The program aimed to raise awareness about environmental protection and the role of youth in fostering eco-conscious habits.

2. On 17/06/25, our college attended a Disaster Management Awareness Programme organized by the Collectorate (South) at Ravindra Bhavan, Baina, from 10:00 AM to 2:00 PM. The session was led by disaster management experts who explained how to stay safe during different types of emergencies. First, they spoke about earthquakes, their causes, and what steps to take during and after one. Then they explained about fire safety, including the types of fire, fire extinguishers, the gases used in them, and how much gas each contains. We were also shown how to use a fire extinguisher, and many students got a chance to try it themselves in a practical demonstration. Finally, they discussed floods, their causes, and the precautions to take during such situations. The programme was very informative and helpful. It taught us important safety skills and made us more confident in handling disasters.

SPES's Goa Multi-Faculty College, Dharbandora-Goa.

1. On 15th April 2025, NSS Volunteers took place cleanliness drive at okamb village.

Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona

1. On 16th April 2025, a one-day Faculty Development Programme was organized in association with Divine Harmony on Focus, Energy, Success and Discovering Self. The aim of the program was to promote wellness and for being more productive through meditative practices underlined in Gandhian philosophy. The resource person Ms. Shweta Mestry enlightened

	<p>the participants on the importance of keeping the life easy and being attentive to whatever being thrown at us by the world. The speaker further said that to become very productive in professional as well as social life, it is vital to discover One's Self. She urged everyone to spend some time with themselves to reap the benefits of inner discovery. All the teaching and non-teaching staff actively participated in this wellness programme.</p> <p>Narayan Zantye College of Commerce Bicholim Goa</p> <ol style="list-style-type: none"> 1. Sports department of the college in association with Sri Sri Ravi Shankar Sauntha, Bicholim celebrated International Yoga Day on 21st June 2025. Saplings were planted in the college campus. Students, Staff members and members of Sri Sri Ravi Shankar Sauntha participated in the programme. Various Pranayams, exercises and meditation techniques were taught through the programme. Mrs. Siya Kotkar and Mrs. Geeta Harmalkar, from Sri Sri Ravi Shankar Sauntha trained the students and staff.
<p>Efforts to include vocational education and training in the University system</p>	<p>V.M. Salgaocar Institute of International Hospitality Education</p> <ol style="list-style-type: none"> 1. VMSIHE organized a training program for 10 youth (boys and girls- 10th fail) of Nagoa village panchayat. This objective of this initiative is to empower the unemployed uneducated youth of the Nagao village and impart skills and training in the field of service and F&B. 2. Fundação Oriente + VMSIHE Initiative Training Programme- A project for new opportunities for orphaned girls in Goa to foster gender equality and to impart training and skills thereby giving them opportunities to uplift their lives. In total 10 orphaned girls got training from 7th April to 20th April 2025. <p>Murgaon Education Society's Vasant Joshi College of Arts & Commerce, Zuarinagar</p> <ol style="list-style-type: none"> 1. The IQAC in collaboration with the N.C.C. Wings, N.S.S. Units, Dept of P.E. & Sports and the Health Centre of the college commemorated International Yoga Day 2025 on 21st June 2025 by organizing a yoga session for the staff and students of the college from 10.15am to 11.30am. yoga session was conducted by Ms. Shital Jadhav. The students performed and practiced Yoga Namaskar, Nadi Shuddhi, Asanas and Meditation. The resource person also explained the importance of controlling our mind and

how it can play an important role in building a positive attitude towards life. She also stressed about regular practice of Yoga and its benefits. Dr. Manasvi Kamat (Principal) presented a potted plant to the resource person after the yoga session. A total number of 436 students (Male - 188, Female - 248) & 22 Staff Members participated in the International Yoga Day celebration program.

Goa Vidyaprasarak Mandal's Gopal Govind Poy Raiturcar College of Commerce and Economics Ponda – Goa

1. G.V.M's GGPR College of Commerce and Economics, Farmagudi, Ponda, Goa organised an Interactive Session on Yoga to celebrate the Eleventh International Day of Yoga at 10: 10 pm in the GVM's Hall on 21 June 2025. Dr. Pradip Narayan Maske, a qualified Yoga practitioner with M. Sc. (Yoga) engaged the Session. The participants were exposed to yogic postures, pranayamas and techniques of meditation. The participants were motivated to take-up the Yoga regime for healthy, productive and happy life. Yoga is the culture of practice with its origin owing to the Indus Valley Civilisation. The need is stressed to make yoga the practice of culture by incorporating the yoga regime in daily life. 92 participants from National Service Scheme, and National Cadet Corps actively participated the International Day of Yoga event in the College. Principal Prof. Teotone Vaz also addressed the participants on the occasion.

SPES's Goa Multi-Faculty College, Dharbandora-Goa.

1. On 15th April College organized an engaging and insightful Academic writing workshop which was specifically designed as a Faculty Development Programme. The work shop was centered around the theme

"Tips of Good Academic Writing".

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DCT's Dhempe College of Arts and Science Miramar, Panaji-Goa

1. A summer course on Matrices using Python was conducted by the Department of Mathematics, for students of Dhempe College, from 19th May 2025 to 3rd June 2025 to enhance understanding of linear algebra through programming. The course focused on key matrix concepts such as operations, determinants, inverses, and applications, all implemented using Python libraries like NumPy. A total of 6 students actively participated in the course, gaining hands-on experience in both mathematics and coding, thereby strengthening their computational thinking and analytical skills.

Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona

1. A 30 hour certificate course on skill development was conducted by Counseling Cell of our college between 6th May and 12th May 2025 in the college campus. During the course, the participants learnt the skills of Mehandi Designing, Herbal Soap Making, baking, Chocolate Making, Rangoli Designing and Flower making. Under the coordinatorship of Ms. Vania Carvalho, students enjoyed learning the skills aptly guided by resource persons during the course. Ms. Manali Naik taught Mehandi Designing models on the inaugural day. Under the guidance of Mrs. Divya Sawant, Ms. Priya Velip and Ms. Sanija Desai, students learnt making of herbal soaps. Delightful baking methods were taught by Ms. Viviana Da Costa while Ms. Vania Carvalho provided hands-on demo on making chocolates. Ms. Manali Naik enlightened the participants on Rangoli and gave tips to design beautiful shapes. The resource paerson gave hands-on experience to the participants. Ms. Manali Naik also guided students to make decorative flowers on succeeding valedictory day of the course.

Any Other Community

V.M. Salgaocar Institute of International Hospitality Education

Engagement Activity	<p>1. The students of SYCA organised an outreach program for the villagers of Raia and parents of our students. The theme was Pahadi Kitchen where the students showcased the traditional food of North and North-East India especially with a focus on heritage and tradition. The event was a beautiful platform for a cultural exchange.</p> <p>Murgaon Education Society's Vasant Joshi College of Arts & Commerce, Zuarinagar</p> <p>1. On 3rd April 2025, staff club and counselling cell in association with IQAC of M.E.S. Vasant Joshi College of Arts & Commerce, Zuarinagar-Goa organized Community Outreach Program at Zari village (adopted village) as part of our institution's commitment to social responsibility and community engagement, this extension activity was organized. The aim of this outreach was to support underprivileged children by distributing essential items and raising awareness about the importance of education, health and personal hygiene between 10:00 am to 12:35 pm. The main objective of this program was to support and motivate children from economically challenged backgrounds, distribute books, pens, and eatables to underprivileged children, deliver a motivational talk on the value of education and to raise awareness about basic health practices and personal hygiene. No. of participants: 128 (males 61 females 67).</p> <p>2. The IQAC, N.S.S. Unit and the Health Centre of M.E.S. Vasant Joshi College of Arts & Commerce, Zuarinagar-Goa in collaboration with the Primary Health Centre, Cortalim organized a Mega Health Camp for the residents of Zari and Birla at Cyclone Shelter Home, Birla on 16th April 2025 from 9am - 1 pm. This camp was organized as a part of the adopted village activity for the residents of zari and also as a part of extension activity of the college towards the people living in and around Birla. The camp had doctors and staff from PHC Cortalim and Goa Medical College and rendered services like General check-up, Dental check-up, Blood Test, Eye check-up, Pep Smear Test, I Breast and Pharmacist. A total number of</p>
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40 people benefitted from the camp (Male -- 6. Female - 34).

3. NCC Army Girls Unit of M.E.S. Vasant Joshi College of Arts & Commerce, Zuarinagar-Goa participated in A mock drill exercise in an emergency situation of air strike was conducted by the collectorate office of South Goa at Dabolim airport on 7th May 2025 at 4. 15 pm. 9 cadets attended the mock drill. The cadets witnessed what procedure to follow in the event of emergency situation such as fire etc in wake of India- Pakistan war named as 'Operation Sindoor'.
4. As a part of Social Service and Community Development A street play was conducted at Zari village on Viksit Bharat 2047@ Viksit Bhi Virasat Bhi. Theme was Heritage (Culture) on 27th May 2025 by NCC Army Girls Unit of M.E.S. Vasant Joshi College of Arts & Commerce, Zuarinagar-Goa 7 cadets participated.
5. As a part of Social Service and Community Development activities and on the occasion of International Yoga Day celebrations was held on 04th June, 2025 at 12.00 noon, yoga demonstration was given to inmates of old age home called "Our Home" at Bogmalo. Theme was Yoga Samavesh. This activity was jointly done by the cadets of NCC Army Boys Unit & NCC Army Girls Unit. Special yoga was conducted for the inmates of the old age home. 7 cadets NCC Army Girls Unit and from NCC Army Boys Unit participated. Cadets performed simple exercises and yogasanas and encouraged the old inmates to repeat after them according to their comfort level.

SPES's Goa Multi-Faculty College, Dharbandora-Goa.

1. From 3rd may to 8th May, 2025, Department of Psychology and Counselling cell of college organized summer camp for children aged 6 to 15 years. The camp was offered free of cost and aimed at holistic development through personality enhancement and life skills training.

DCT's Dhempe College of Arts and Science Miramar, Panaji-Goa

1. The Department of Chemistry and the Department of Biotechnology jointly organized a 9-day workshop titled 'Physicochemical and Microbiological Assessment for Potable Water Quality: A Focus on Tap and Well Sources' from 5th to 14th May 2025 in the college. The workshop was funded by Goa State Research Foundation (GSRF) Summer School scheme 2024-25. This initiative was conducted for school students from Grades 9 to 12 to inculcate scientific principles and practices involved in evaluating water quality. The course was coordinated by Mrs. Varsha Virginkar, Associate Professor in Chemistry, and co-coordinated by Mr. Kamlesh Korgaonkar, Assistant Professor in Biotechnology under the mentorship and support of our Principal, Prof. (Dr.) P. S. Ramu Murthy. The workshop drew participation from 21 students representing various schools across Goa, especially Tiswadi Taluka, namely Don Bosco Higher Secondary School Panaji, Auxilium High School Caranzalem, Vasant Rao Dempo Higher Secondary School, Our Lady of the Rosary Higher Secondary School, Dona Paula- Goa, Mushtifund Higher Secondary School, Cujira Goa and Mushtifund High School, Cujira, Goa. The workshop was designed to provide experiential learning aligned with the core tenets of the National Education Policy (NEP) 2020, particularly in fostering hands-on, inquiry-based, and interdisciplinary education. The workshop enabled development of Conceptual Understanding, Laboratory Skills, Data Interpretation and Analysis, Interdisciplinary Learning and Environmental Awareness. The students developed an awareness of water as a vital and vulnerable natural resource, and understood the importance of its regular monitoring to ensure community health and sustainability.

Shree Mallikarjun and Shri. Chetan Manju Desai College, Canacona

1. The Department of Marathi, in collaboration with the Goa Marathi Academy (Canacona Branch), organized a book release function on 09 April 2025 at 10:00 a.m. in the college auditorium. The event celebrated the release of two Marathi books: "*Sanchitache Dene*" by Mr. Ajit Painginkar, and "*Gathode Anubhavache*" by Mr. Shantaji Naik. The Chief Guest, Prof. Anil Samant (President, Goa Marathi Academy), praised the authors for their significant contribution to Marathi literature. Mr. Kamalakar Mhalshi, a senior writer, offered deep insights into the themes and narrative strength of the books. Dr. Pramada Desai, Guest of Honour congratulated the writers for preserving Marathi culture. Mr. Chetan Manju Desai presided over the function, while Mr. Sandeep Naik Gaonkar welcomed the gathering and introduced the event. Other dignitaries present

included Mr. Vijay Pai Khot (Ex-MLA), Mr. Rajendra Desai, and Principal Dr. Sucheta Naik. The program was compered by Ms. Divya Ulhas Chandrekar, who also coordinated the entire event. Mrs. Ankita Dhond delivered the vote of thanks. The ceremony was appreciated for its thoughtful organization and meaningful literary focus. It provided students and faculty an enriching opportunity to engage with original Marathi works and promote language-based self-expression.

St. Joseph Vaz College, Cortalim Goa

1. Outreach and Extension cell of the College conducted an outreach programme for the Adopted Village in Dabolim on (1) Opening a Bank account (2) Cybercrime Awareness programme and (3) Use of UPI on 08/05/2025.

Narayan Zantye College of Commerce Bicholim Goa

1. College organized **Freeship Distribution Programme** on 17th April 2025. Rotary Club of Panaji Riviera distributed freeships to 16 students of our college.
2. The Sewage water Treatment Plant was installed and inaugurated at the hands of Shri Sharad Pai, District Governor, Rotary Club in the presence of Shri Pravin H. P. Zantye, Chairman, Governing Council of our college, Shri Siddharth S.P. Zantye, Mrs. Pallavi Salgaonkar and other members of Rotary Club of Panaji Riviera and Dr. Rajendra Kumbharjuvenkar, Principal of college on 21st May 2025. The teaching and non-teaching staff members also attended the inaugural function. The total cost of the plant is ₹ 18 Lakhs, out of which Rotary Club of Panaji Riviera contributed ₹ 13 Lakhs and college contributed ₹ 5 Lakhs. This project was considered as a part of green initiative and Pollution control strategy of the college.

Dnyanprasaarak Mandal's College & Research Centre (DMC) Assagao Bardez

1. Late Trinidad Patricia Adrienne Memorial Elocution Competition.
The Department of Commerce organized the *Late Trinidad Patricia Adrienne Memorial Elocution Competition* on 8th April 2025 to enhance students' public speaking skills, boost self-confidence, and encourage self-expression and personality development. The competition featured thought-provoking topics aimed at engaging and inspiring participants.
2. State-level Workshop on 12th April 2025, The Library and Information Centre, in collaboration with the Goa College Librarians' Association,

organized a One-Day State Level Workshop on “KOHA – An Integrated Library Management System.” The workshop saw participation from 28 delegates across institutions, with the technical session conducted by KOHA expert Mr. Sagar Sarawari from M/s. AarGees Business Solutions, Hubli

3. The Department of English at Dnyanprassarak Mandal’s College and Research Centre, Assagao, in collaboration with the Goa State Research Foundation, organized a seven-day summer school titled “*Beyond the Pages – A Summer School in Digital Storytelling and Media*” from 2nd to 9th May 2025. Designed for higher secondary students, the event brought together 30 participants from the following North Goa schools:

1. P.V.S. Sarojini Madhusudhan Kushe Higher Secondary School, 2. St. Theresa’s Higher Secondary School, 3. St. Thomas Higher Secondary School, 4. St. Xavier’s Higher Secondary School, 5. Dr. Ambedkar English Higher Secondary School, 6. SES’s Purushottam Walawalkar Higher Secondary School, 7. Government Higher Secondary School, Pernem

The inaugural session was graced by Prof. M.K. Janarthanam, Chairperson of the Goa State Research Foundation. Resource persons included Dr. Fredrick Noronha, Dr. Mavis Henriques, Mr. Prasad Kalangutkar, Mr. Sachin Chate, Mr. Shubhankar Shah, Ms. Monisha John, Mr. Subhash Kamalkar, Ms. Prashanthi Talpankar, and Dr. Jayaprakash. The summer school concluded with a valedictory function on 9th May, in the presence of Prof. Savio Falleiro, Managing Director, Goa State Research Foundation.

4. World Environment Day – 5th June 2025, The Library and Information Centre marked World Environment Day by planting Moringa and Mango saplings on the college campus. The initiative was led by the Principal, Prof. D. B. Arolkar, along with faculty members.
5. International Yoga Day – 21st June 2025, The college celebrated the 11th International Yoga Day on the theme “*Yoga for One Earth, One Health*”. The event saw enthusiastic participation from teaching and non-teaching staff as well as students. Mr. Rohit Naik, Instructor in Physical Education, served as the Resource Person for the session.
6. Orientation Programme – 23rd June 2025, An Orientation Programme for

first-year students was held at the BBA Auditorium. Alumni Mr. Ashvek Desai, Mr. Veeresh Yadwad, and Ms. Sasha D'souza were invited as guest speakers to welcome and motivate the freshers by sharing their experiences and insights about college life.

7. Talk on 'Emergency in 1975: The Story of Violation of Right to Life' – 25th June 2025, The Department of Commerce organized a talk on '*Emergency in 1975: The Story of Violation of Right to Life*' for the college students. Mr. Shripad S. Merchant was the Resource Person for the session.

Parvatibai Chowgule College of Arts and Science, Autonomous Gogal, Margao

1. As part of the International Yoga Day (IDY) 2025 initiative, under the guidance of 1 Goa Battalion NCC, Panaji, the NCC Unit of CES's Parvatibai Chowgule College of Arts and Science (Autonomous), Margao, organized an interactive session on the importance of yoga on 29th May 2025 at Lar de Santa Terezinha Orphanage, Monte Hill, Margao. The session aimed to create awareness among children about the benefits of yoga, in line with this year's theme: "*Yoga for One Earth, One Health.*"

The program began with a warm welcome and mutual introductions between the cadets and the children, setting a friendly and engaging atmosphere. This was followed by a short talk on the significance of International Yoga Day. Ten NCC cadets conducted a guided yoga session, demonstrating basic asanas along with proper breathing techniques and durations.

To enhance participation and engagement, the session also included a creative drawing activity, a lively zumba dance segment, and a fun game of "Passing the Parcel," all of which were received with great enthusiasm by the children. The event concluded with a group photo and a heartfelt vote of thanks. The session was successfully conducted with excellent coordination, discipline, and active involvement from all cadets.

PES's Rajaram and Tarabai Bandekar College of Pharmacy, Farmagudi Ponda Goa.

1. Vocational Education & Training, B.Pharm Semester VI students were deputed for one-month Industrial/Clinical Training at various pharmaceutical companies as part of their vocational education and practical skill development.
2. Community Engagement Activity, International Yoga Day was celebrated

for staff and students under the guidance of Yoga Trainer Shri B.R. Patil, promoting health, well-being, and mindfulness through yoga practice.

Gomantak Ayurveda Mahavidyalaya & Research Centre

1. The Department of Shalakya Tantra, BSP's Gomantak Ayurveda Mahavidhyalaya & Research Centre, Shiroda-Goa, organized an ENT Check-up and Audiology Testing Camp on 30th April 2025, in collaboration with Ear Buddy Hearing Care and Rotary Club Kadamba. The event began with *Dhanvantari Stavan* and lamp lighting. Principal Dr. Anura P. Bale welcomed the gathering and praised the department for initiating the first audiology-focused outreach in Shiroda. Dr. Pranav Bhagwat, HoD, explained the Ayurvedic perspective on hearing loss and the benefits of audiological testing. Dr. Suraj Patlekar introduced Mrs. Swati Bhat Gaonkar, who highlighted advancements in audiology and hearing aids. Dr. Alreeza Fernandes delivered the vote of thanks. Of the 15 patients, 13 were screened and diagnosed with mild to severe hearing loss. Given the encouraging response, the organizers plan to hold quarterly camps targeting children, working professionals, and senior citizens. Treatment will be provided at the institute's hospital, Kamakshi Arogya Dham.
2. International Nurses Day Celebration – Gomantak Ayurveda Mahavidyalaya & Research Centre, Shiroda
Gomantak Ayurveda Mahavidyalaya & Research Centre, Shiroda, celebrated International Nurses Day with a function inaugurated by lighting the traditional lamp, followed by *Dhanvantari Sthavan*. The ceremony was graced by Prof. Dr. Wilson N. Fernandes (Principal, Institute of Nursing Education, Bambolim), Adv. Narendra Sawaikar (President, Bharateeya Sanskriti Prabodhini), and Dr. Anura P. Bale (Principal).
Dr. Bale spoke on the significance of nurses in daily healthcare, highlighting their key role in pain management through a holistic approach. Adv. Sawaikar and Prof. Fernandes shared their views, with the latter felicitating nurses, ward boys, housekeeping staff, and masseurs for their dedicated service. Dr. Shruti Mapsekar compered the event, and Dr. Chinmaye Tamhankar delivered the vote of thanks.
3. YOGATHON 4.0 – Yoga Awareness Rally The Department of Swasthavritta and Yoga, Gomantak Ayurveda Mahavidyalaya & Research

Centre, Shiroda, in collaboration with DHS, AYUSH Cell (CCRAS–Ribandar), and Goa Council of Ayurveda, successfully organized “YOGATHON 4.0”, a Yoga Awareness Rally from DHS Campal to KTC Bus Stand, Panaji. Over 230 students and staff participated enthusiastically, promoting the theme “Yoga for One Health, One Earth” and advocating yoga as a tool for preventive health and holistic well-being. The event began with a welcome by Dr. Gandhali, followed by an address by Dr. Joy, Head of Swasthavritta and Yoga. Participants marched through 18th June Road, Panjim Church Square, and Rua de Ourem with placards and yoga slogans. The rally concluded at KTC with a Natya Yoga performance, a brief “Yoga at the Desk” demonstration, and a patriotic flash mob dedicated to the Indian armed forces and Operation Sindoor. The event was graced by dignitaries including Dr. Rupa (Director, DHS), Dr. Minal (Deputy Director, AYUSH Cell), Dr. Sneha (President, Goa Council of Ayurveda), Dr. Bale (Principal, GAMRC), and representatives from CCRAS, along with senior doctors.

4. MUHS Summer Internship Program 2025 at GAMRC Gomantak Ayurveda Mahavidyalaya & Research Centre, Shiroda, proudly hosted the MUHS Summer Internship Program 2025, becoming the first college outside Maharashtra to be selected for this prestigious initiative — a major milestone showcasing the institution's commitment to academic excellence. This year, 34 students from across Maharashtra joined the program for an enriching academic experience. The inaugural ceremony featured Adv. Narendra Sawaikar (President, Bharateeya Sanskriti Prabodhini), Dr. Anura P. Bale (Principal), Dr. Neelesh Korde (Professor & Nodal Officer, SIP-25), Dr. Gaurav Desai and Dr. Gandhali Bakhale (Associate Professors & Vertical Heads), along with faculty and students.

5. International Yoga Day 2025 Celebrations by GAMRC
On 21st June 2025, the Yoga team of Gomantak Ayurveda Mahavidyalaya & Research Centre (GAMRC) conducted multiple Yoga sessions across Goa under the guidance of Principal Dr. Anura P. Bale and Dr. Joy Pereira, HOD, Swasthavritta & Yoga.

Sessions were held at:

Goa State Official IDY 2025 Program, Shyama Prasad Stadium, Bambolim

– led by Dr. Joy Pereira, Mast. Badal, Miss Siddhi, and Mast. Sakharam.

GAMRC Hospital Staff, 6:30 am – led by Mast. Vaibhav, Miss Gargi, and Miss Arya.

Kamalabai Hede High School, Shiroda – led by Miss Swati, Miss Anusha, and Mast. Aniket.

Kamakshi High School, Shiroda – led by Miss Anjana, Miss Gayatri, and Miss Gresha.

Goa Medical College, Bambolim – led by Dr. Joy Pereira, Mast. Badal, Miss Siddhi, and Mast. Sakharam.

Civil Registrar Office, Ponda – led by Mast. Vaibhav, Miss Gargi, and Miss Arya.

GAMRC Teaching Staff & Students, 11:30 am onwards – led by Dr. Joy Pereira, Miss Gresha, and Miss Anushka.

The sessions reflected enthusiastic participation and promoted the spirit of “Yoga for One Earth, One Health.”

St. Xavier's College, Mapusa Goa

1. Unnat Bharat Abhiyan & Swachh Bharat Student Internship (23rd Jan – 11th April 2025, Goa University): Dr. Suraksha Dongrekar, Dr. Seema Fernandes, and Mr. Clarence Rodrigues participated in the program. Dr. Dongrekar mentored 2 projects (6 students each), Dr. Fernandes mentored 2 projects (5 students each), and Mr. Rodrigues mentored 1 project (6 students).
2. NSS – Actizen Civic Projects: Under the guidance of Dr. Rheane Da Silva and Dr. Seema Fernandes, two impactful projects were undertaken—one promoting sanitation in Mapusa and another focusing on identifying clean water sources in Aldona. These projects secured 1st Runner-Up and 2nd Runner-Up positions, respectively.
3. A series of cultural and outreach initiatives were organized to promote creativity, expression, and social responsibility. The three-day art event “Art Aurora” (26–28 March 2025), coordinated by Ms. Shayina Naik, encouraged students to pay tribute to St. Francis Xavier through creative works themed “St. Francis Xavier & the College Campus.” The artworks were displayed on 7th April in the college lobby. “Kaavya Rang: An Afternoon of Poetry”, curated by Dr. Ramita Gurav. On 3rd April 2025,

saw 12 participants express their thoughts and emotions in multiple languages. As part of the annual outreach program “Joy of Giving”, faculty and students visited ASRO, a home for children affected by HIV in Tivim, donating essential items like chairs, a cooker, and rice. The initiative was coordinated by Mr. Herwin Furtado and Dr. Santana Fernandes. On 4th April 2025, the SPIC MACAY Club hosted “Kalarang”, a cultural event celebrating Indian art forms, with Mr. Pradeep Sawant as the Chief Guest.

4. St. Xavier’s College, Mapusa organized and participated in a range of academic and skill-based enrichment activities. A five-day Summer School on “Microbiology in Everyday Life” (6–10 May 2025), coordinated by Dr. Nadine in collaboration with Goa State Research Foundation, engaged 26 Higher Secondary students from 7 schools. The Department of Microbiology also hosted an online student exchange program with St. Francis College for Women, Hyderabad, featuring expert talks on *E-Waste Management* by Dr. V. Gayatri (21 March) and *Microplastic Pollution* by Dr. Trelita de Sousa (3 April).
5. Photography workshops were held in April 2025 as part of the Advanced Photography course. Mr. Shreeyash Kittur conducted a Flash Photography session (5 April), and Ms. Aishwarya Rivonker led a Food Photography session (8 April), covering both theory and practice.
6. The Department of Psychology coordinated a Summer Internship Program at Kripa Foundation, Anjuna (29 April–19 June 2024) for 40 students, and a One-Month Internship for Ms. Heloise D’Souza at Sethu Centre, Saligao (8–31 May 2024) under an MoU, to provide exposure in addiction rehab and child psychology respectively.
7. The Department of Chemistry conducted a Certificate Course on “Chemistry in Daily Life” on 26 March and 2 April 2025. Mr. Clarence Rodrigues and Dr. Rheane Da Silva led sessions on pH concepts, cosmetics, perfumes, and their applications.
8. Faculty participated in various developmental programs. Ms. Kimberly Barros and Mr. Worrel D’Souza attended the Entrepreneurship Bootcamp organized by DHE and Uzvaad Goa (22 April). A Faculty Enrichment Programme on “Quality in Higher Education” was held from 15–17 April. Fr. (Dr) Luis Gomes was the resource person for a 30-hour Certificate

Course on Devnagri Typing and Konkani Wikipedia (5 Jan–6 April).

Kala Academy College of Theatre Arts

1. A “Solar Shiksha Awareness” session was conducted on 12th April 2025 at the Conference Room, Rajiv Gandhi Kala Mandir, Ponda, to promote awareness about solar energy and sustainable education practices.
2. A session on “Health, Wellness, and Productivity” was held on 6th June 2025 at the same venue, focusing on healthy lifestyle practices for improved well-being and workplace efficiency.
3. A 10-day Yoga session for staff was organized from 11th to 20th June 2025, providing participants with practical training in yoga for stress management and physical fitness.
4. The International Day of Yoga was observed on 21st June 2025 at the venue with a special yoga session, highlighting the importance of yoga in daily life for holistic health.

PES’s College of Education, Farmagudi, Ponda – Goa

1. On the occasion of International Yoga Day, PES’s College of Education organized a yoga awareness and demonstration session on 21st June 2025 to promote holistic well-being among teacher trainees. Ms. Sujata Patil, certified yoga trainer and Cluster Head for Ponda Taluka, served as the Resource Person. She conducted live demonstrations of foundational asanas, pranayama, and meditation, emphasizing the role of yoga in education. The session saw enthusiastic participation from B.Ed. students and faculty, reinforcing the importance of integrating yoga into daily life and teaching practices.

DON BOSCO COLLEGE OF ENGINEERING, FATORDA-GOA

On 23rd May 2025, the Bureau of Indian Standards (BIS), Hubli Branch, in collaboration with the Unnat Bharat Abhiyan cell of Don Bosco College of Engineering (DBCE), organized an awareness program titled “Gram Chaupal: Your Rights, Your Power” at Sacorda Village

Panchayat. The program aimed to educate the local community about their consumer rights and the significance of adhering to BIS standards in daily life.

The session was conducted by Dr. Mohini Naik, Assistant Professor at DBCE, who provided valuable insights into various aspects of product quality and consumer protection. She explained how to identify ISI marks on products, the importance of hallmarking gold jewellery, and introduced the BIS Care mobile application, which allows consumers to verify the authenticity of products and lodge complaints effectively.

	<p>The event commenced with a warm welcome by Shri Sandeep, the Village Secretary. The Sarpanch and Deputy Sarpanch of Sacorda were present and extended their support to the initiative. The program witnessed active participation from the villagers, who showed great interest in learning about the tools available to protect their consumer rights. The initiative was successful in creating awareness among the rural community about standardization, quality assurance, and the mechanisms available for grievance redressal. It also highlighted the ongoing efforts of institutions like BIS and DBCE to empower rural populations through knowledge and engagement.</p>
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